

EMOTIONAL INTELLIGENCE

Knowing Thyself and Thyworld

MOOC



Course Highlights

- Self Awareness
- Emotional Expression
- Emotion Management
- Habit Formation
- Resilience Development
- Conflict Management
- Dealing With Peer Pressure

Duration

3 Weeks

20TH MAY TO 9TH JUNE

Free and open for teacher educators, teachers, student teachers & counsellors across the globe.

Course Developer and Coordinator

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**UNESCO - Open Education for Better World Initiative
(OE4BW)**

Link for Course:-<https://courses.mookit.co/course/course001>

Registration and Enrollment

- 1.Go to : <https://courses.mookit.co/user/register> to register.
- 2.Vist: <https://courses.mookit.co/course/course001> to enroll



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